



Our Mission:

Empower teen mothers and their children to achieve independence through support services, education and mentoring.

For more information about alley's house, call 214.915.9945 or visit our website at

www.alleyshouse.org

alley's house
4907 Spring Ave.
Suite 103
Dallas, TX 75210



Program Opportunities





If you're a pregnant or parenting teen mom (ages 13-21), alley's house can provide a customized program just for you! Our goal is to help you achieve your goals and become a successful mom. This can include everything from getting your baby's social security card to getting a job, finishing school and considering a future career. All you need is motivation and we can help you figure out the rest step-by-step. Call 214.915.9945 to get more information and we'll do an initial assessment. Once you're assigned to a Case Manager, you can expect:

- We'll do an in-home assessment.
- Outline a personalized goal plan.
- Assign a mentor to help you achieve your goals and do fun things together.
- Attend Life Skills Workshops.
This is where you can meet other teen moms and share experiences, feelings and gain support.
- Participate in life skills training, Microsoft Office training, GED tutoring, and on-the-job office training.
- Other activities as announced.

support

Alley's house is a 501(c)(3) nonprofit organization providing a supportive, nurturing environment for teen moms and their children. Our vision is to break the generational, economic and social impact of teen pregnancy in the community. We accomplish this by providing comprehensive case management services, tutoring, life skill workshops, job preparation and computer training. Our services are free and available to pregnant and parenting teens aged 13-21. Funding for our programs comes from individuals, private and family foundations, corporations, special events and community groups.

Life Skills Workshops

Every Wednesday from 12 pm to 1 pm

Topics include:

Physical Fitness
Anger Management
Empowerment
Depression
Decision Making
Social Etiquette
Budgeting
Building and Keeping Good Credit
Job Assistance
Resume Preparation
Career Planning
Baby Care
Study Skills

Call 214.915.9945 for exact dates!

education

Our Programs:

Case Management Services

Assist teen moms in creating individualized goal plans and outlining activities to help you achieve their goals. This also include life skills training.

Mentors for Young Mothers Program

Match teen moms participating in our program with a volunteer mentor from within the community.

Teen Mom Groups

Groups where teen moms get together to discuss challenges, feelings, and experiences of being a teen mother.

Computer Training

On-line computer training is provided to all teen mothers participating in the program.

GED Tutoring

One-to-one GED tutoring in all subject areas for teen mothers.

On the Job Office Training

Teen moms can learn all the skills needed to get an entry level office position.

Parenting at Home Program

Match teen mother with a volunteer who will assess and recommend positive parenting techniques.

Call 214.915.9945 for more information!!